

EXERCISE FOR GIRLS.

Marion Harland on the Physical Training of Young Women—Calisthenics in Which Women Can Indulge.

Exercise Found in House Duties—Practicalism for Girls—Our Women Do Not Use Their Limbs Well.

Should Business Men Give up Their Seats in Cars to Women—Some Dangerous Forms of Exercise.

Written for the Gazette.

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It has been generally said that "women must be regarded as women, and not as a nondescript animal with a greater or less capacity for assimilation to man."

It is not my purpose to enter into explanation of the physiological reasons why certain kinds of bodily exercise that do profit man should not be participated in by our sex.

It may not be invidious to single out from among a score or more of these pleasant and helpful reading, "Hygiene for Girls," by Dr. J. M. Davis, M. D.

Custom is not so tyrannical to women as she is usually supposed to be. The division of daily labor, as tacitly decreed by the ordinary routine of the household, is wisely appointed.

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"strikes out" freely and fearlessly, the size hundred and ninety-and-nine shell, lunge, bob and waddle.

Some years ago a petition was circulated among the owners of large city shops, asking that the...

It was no more cruel to the other than the rank and file of the "cabin."

Our girl can more safely and comfortably run 200 yards—provided her stays are not tight—than stand fifteen minutes in one spot.

Jumping—on account of the physical peculiarities that make lung standing, without the liberty to alternate the weight of the lower trunk from one side to the other, hurtful—is not a fit exercise for our girl.

Riding combines the most desirable characteristics of all other forms of healthful exercise.

Oil in Abundance—A Little Boy Seriously Hurt—Minister Fat.



BOULANGER. IS HE ANOTHER NAPOLEON?

For or against Boulanger. Thus the French Republic seems to be politically divided at present.

COKE ON THE TARIFF. His Speech Pronounced One of the Ablest Arguments Against Protection Ever Heard.

WASHINGTON, April 16.—Senator Coke delivered a speech in the Senate last week on the tariff question that is pronounced by competent judges one of the ablest arguments against a high protective system that was ever heard in either House of Congress.

A POINTER FOR DRUMMERS. Beware of a Tall Blonde and a Bewitching Brunette Near Carrollton, Penn.

Two fresh New York drummers had an experience on Erie Train 12, at Carrollton, Wednesday, which they will not soon forget.

BREWSTER'S AMBITION. An Incident in the Early Life of the Ex-Army-General.

WASHINGTON, April 16.—The death of Ex-Army-General Brewster recalls an incident in his life which is remembered by few men now living.

Philadelphia is spoken of as a good location for a national graveyard. The idea is a bad one.

NEW MEXICO AS A STATE.

Antonio Joseph Addresses the Lower House of Congress on the Admission of New Mexico as a State.

The Republican Minority of the House Committee on Territories Takes a Task for Unwarlike Charges.

Correspondence of the Gazette.

WASHINGTON, April 15.—The House devoted the entire day yesterday to the consideration of the Indian appropriation bill, when Mr. Joseph, the delegate from New Mexico, availed himself of the opportunity offered for general debate to make a speech on the question of the admission of that territory, during which he roundly scored the minority of the committee on territories for what he termed the unwarranted charges and deflections made by them against the character of his constituency.

Mr. Chairman, I will not be the first member of this House to define the demarcation of American citizenship by language, blood or wealth.

Why, then, Mr. Chairman, has New Mexico so long been denied a "mittance as a state? With so nearly 200,000 people, no public debt, a worthy population, who are public school, morally supported and fully patrolled, with wealth and commerce, with abundant agricultural and mineral resources—why, with all these facts in her favor, has she been so long kept in the vassalage of territorial government?

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could collate from all sources running over a period of some forty years past, and I can not sit in this chamber and permit this unwarranted wholesale abuse of my constituents to pass without an emphatic protest; it shall not go before this House as a state, until the religion and mine, against their forms, habits and customs, the chastity of their wives and daughters is questioned, and they are characterized as an ignorant, depraved people, and this in the present House of Representatives of the greatest nation, the most progressive, the most liberal, the wisest on the face of the earth.

Probably 60 per cent. of the population of New Mexico are members of the Catholic Church, and I do not blush, sir, when I say with pride that I am a member of the same church and a believer in the moral teachings of our church, its customs, and teachings of our church, the most advanced in the progressive cities of the eastern states.

The women of New Mexico are not wanting in virtue; they are not idle or lazy. If the members of this House had seen them, sir, as I have—plowing in the fields with their own hands, gathering the grain, caring vigilantly for their little ones at night, making over and protecting them after dark, and month after month while their husbands and fathers were absent battling with savage Indians to save their defenseless homes, which the faith of a great nation was pledged to protect and their high honor, for we cry and "God bless the government of the United States," you would not accuse them.

I assert without fear of successful contradiction that the percentage of Mexican prostitutes in proportion to the whole number of citizens in New Mexico is less than in any other state territory and I defy the minority to show the contrary and challenge them to prove the statements contained in their report reflecting on the women of New Mexico.

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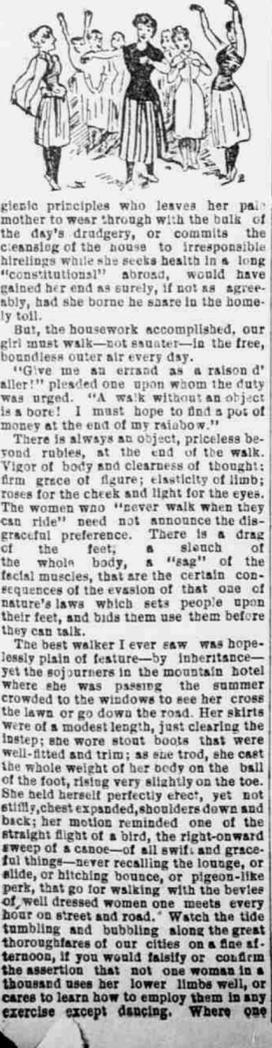
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glands principles who leaves her partner to wear through with the bulk of the day's draggery, or commits the cleansing of the house to irresponsible hirelings while she seeks health in a long "constitutional" abroad, would have gained her end as surely, if not as agreeably, had she borne her share in the household.

With flushed faces and eyes that sparkled with indignation, the young women behind the girls were vacant, and the drummers quickly got into it. They went to work at once. The girls affected not to notice the masher's. The attention of every passer-by was directed to the young men.

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What is the situation in Carson county to-day? More than half the lands have been gobbled up by corporations, been gobbled up by corporations in solid blocks and is now held by land syndicates, free from taxation under A. D. 1897; off the market for higher prices. The odd sections in the balance of the county have been taken by other corporations and companies, and it, too, is now off the market and held for purposes of speculation.